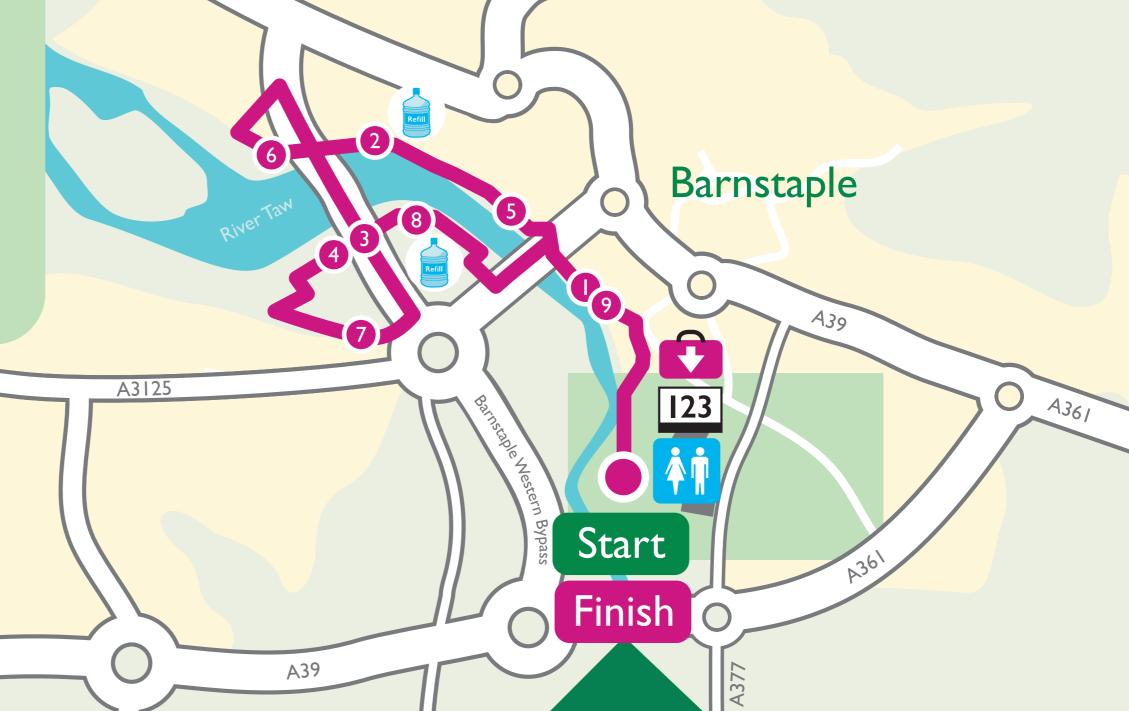


RUN Barnstaple **IOK Route**



Race Information

Registration and Bag Drop at Park Community School, Barnstaple EX32 9AX

123 Registration



Toilets



Bag Drop

Route Information

Start/Finish and event village at Rock Park, Ladies' Mile, EX32 9AQ w3w start: buck.risk.horses



10K Route (2 loops)



Water Station



10K Kilometer Marker

